

May 2021	Tate's School Farm				Lunch Menu
Monday	Tuesday	Wednesday	Thursday	Friday	
3 Chicken Tenders OR: Breaded Cauliflower Bites WITH: Roasted Red Potatoes Green Beans Diced Cantaloupe Honey Mustard	4 Buttermilk Waffles WITH: Sausage Patties Vegetarian Sausage Potato Bites Maple Syrup Apple Slices	5 NEW! Carnitas Torta OR: Bean and Cheese Torta WITH: Tortilla Chips Salsa Verde Lettuce Pickled Red Onion Orange Wedges 	6 Hot Dog Bar OR: Vegetarian Hot Dog WITH: Turkey Chili Cheese Slaw Celery Sticks Red Seedless Grapes	7 Pepperoni Pizza Cheese Pizza WITH: Roasted Broccoli Mixed Fruit Cookies and Cream Pudding	
10 BBQ Pork Mac and Cheese OR: Mac and Cheese WITH: Green Peas Fried Onions Diced Peaches	11 Chicken Quesadilla OR: Cheese Quesadilla WITH: Mild Salsa Sour Cream Street Corn Honeydew	12 PICNIC DAY! All American Hamburger OR: Portobello Mushroom Burger WITH: Soft Bun Sliced American Cheese Baked Chips Lettuce, Tomato, Pickle Watermelon Wedge Summer Lemon Bars	13 STUDENTS LAST DAY! Turkey and Cheese Croissant OR: Wow Butter and Jelly WITH: Baked Chips Fresh Fruit Chocolate Chip Cookie	14 TEACHERS LAST DAY!	
17	18	19	20	21	
24				28	
31			<div style="border: 1px solid black; padding: 10px; background-color: #d4edda;"> <p>Daily Options:</p> <p>Roast Turkey Breast,</p> <p>Wowbutter & Jelly Sandwiches</p> <p>Daily Side Salads</p> </div>		



Milk and Water Served with Lunch

V = Vegetarian Entrée Options

Fresh Fruit is Available Every Day!

We are committed to Healthy, Nutritious & Delicious Meals.
 Locally sourced ingredients included whenever possible.
 No High Fructose Corn Syrup, Trans Fats,
 or MSG are used in our recipes.
 770-421-9550 www.ChefAdvantage.com

May 2021	Tate's School Farm				Allergen List
Monday	Tuesday	Wednesday	Thursday	Friday	
3 Chicken Tenders W Cauliflower W,E,S,M Roasted Potatoes None Green Beans None Cantaloupe None	4 Waffle W,S,E,M Sausage Patties None Potatoes None Syrup None Apples None	5 Carnitas Torta W Bean Torta W,M Tortilla Chips None Salsa Verde None Lettuce None Pickled Red Onions None Orange Wedges None	6 Hot Dog W Vegetarian Dog S,W,E Turkey Chili None Cheese M Slaw E Celery Sticks None Grapes None	7 Pepperoni Pizza W,M Cheese Pizza W,M Broccoli None Mixed Fruit None Pudding M	
10 Pulled Pork W,S,F Mac and Cheese M,W Green Peas None Fried Onions W Diced Pears None	11 Chicken Quesadilla M,W Cheese Quesadilla M,W Mild Salsa None Sour Cream M Street Corn M Honeydew None	12 PICNIC DAY! Hamburger None Black Bean Burger S,W Soft Bun W,M Cheese M Baked Chips M,S Lettuce, Tomato, Pickle None Watermelon Wedge None Lemon Bars E,W,M	13 STUDENTS LAST DAY! Turkey Croissant W,M Wow Butter Jelly S,W Baked Chips M,S Fresh Fruit None Cookie S,W,M,E	14 TEACHERS LAST DAY!	
17	18	19	20	21	
24				28	
31					

ALLERGEN KEY:

- Soy = S**
- Wheat = W**
- Egg = E**
- Milk = M**
- Fish = F**

This list is comprised of the most common allergens we chart, including **eggs, soy, fish, wheat, and milk.**

Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program