

April 2021

Tate's School Greenhouse

Snack Menu

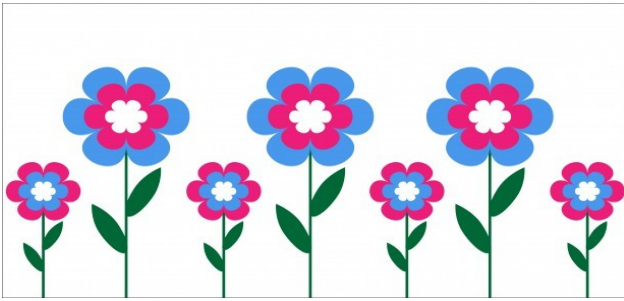
Monday

Tuesday

Wednesday

Thursday

Friday



1 MUFFIN DAY
Blueberry Muffins



5 BREAKFAST BREAD DAY
Banana Oat Bar

6 CUP DAY
Mixed Fruit Cup

7 CRACKER DAY
Berry Animal Crackers

8 MUFFIN DAY
English Muffin with Variety Jelly

9 DIP DAY
Broccoli Florets and Ranch

12 BREAKFAST BREAD DAY
Bagel with Plain Cream Cheese

13 CUP DAY
Strawberry or Vanilla Yogurt

14 CRACKER DAY
Mini Pretzels and String Cheese

15 MUFFIN DAY
Carrot Cake Muffins

16 DIP DAY
Apple Slices and Wow Butter

19 BREAKFAST BREAD DAY
Biscuits with Variety Jelly

20 CUP DAY
Strawberry Applesauce

21 CRACKER DAY
Goldfish Crackers

22 MUFFIN DAY
Banana Muffins

23 DIP DAY
Carrot Sticks and Hummus

26 BREAKFAST BREAD DAY
Strawberry Cereal Bars

27 CUP DAY
Raspberry or Cherry Yogurt

28 CRACKER DAY
Cubed Cheese with Whole Wheat Crackers

29 MUFFIN DAY
Broccoli Cheddar Muffins

30 DIP DAY
Celery and Wow Butter



We are committed to Healthy, Nutritious & Delicious Meals.
 Locally sourced ingredients included whenever possible.
 No High Fructose Corn Syrup, Trans Fats, or MSG are used in our recipes.
 770-421-9550 www.ChefAdvantage.com

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Allergen Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Blueberry Muffins W,E,M	2 
5 Banana Oat Bar E	6 Fruit Cup None	7 Zoo Animal Crackers W	8 English Muffin W Variety Jelly None	9 Broccoli Florets None Ranch M,E
12 Bagel W Cream Cheese M	13 Strawberry or Vanilla Yogurt M	14 Mini Pretzels W Cheese M	15 Carrot Cake Muffins W,E,M	16 Apple Slices None Wow Butter S
19 Biscuits W,S,M Variety Jelly None	20 Apple Sauce None	21 Goldfish Crackers W,M	22 Banana Muffins W,E,M	23 Carrot Sticks None Ranch M,E
26 Raspberry Cereal Bars E	27 Raspberry or Cherry Yogurt M	28 Cheese M Whole Wheat Crackers W	29 Broccoli Muffins W,E,M	30 Celery Sticks None Wow Butter S

ALLERGEN KEY:

- Soy = S**
- Wheat = W**
- Egg = E**
- Milk = M**
- Fish = F**

This list is comprised of the most common allergens we chart, including **eggs, soy, fish, wheat, and milk.**

Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program