

April 2021

Tate's School Greenhouse

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1 NATIONAL BURRITO DAY</b> <b>Shredded Chicken Burrito</b> <b>WITH:</b> Spanish Rice Salsa Roja Steamed Broccoli Diced Honeydew	<b>2</b> 
<b>5</b> <b>Chicken Tenders</b> <b>WITH:</b> Roasted Red Potatoes Green Beans Diced Cantaloupe	<b>6 NEW!</b> <b>Teriyaki Pork Sandwich</b> <b>WITH:</b> Steamed Rice Carrot Coins Pineapple	<b>7 PICNIC DAY!</b> <b>Turkey Cheese Sandwich</b> <b>WITH:</b> Pasta Salad Celery Sticks Watermelon	<b>8</b> <b>Meatloaf</b> <b>WITH:</b> Mashed Potatoes Roasted Brussel Sprouts Orange Wedges	<b>9</b> <b>Cheese Pizza</b> <b>WITH:</b> Roasted Broccoli Mixed Fruit Chocolate Chip Cookies
<b>12 GRILLED CHEESE DAY</b> <b>Grilled Cheese Sandwich</b> <b>WITH:</b> Roasted Sweet Potato Green Peas Red Seedless Grapes	<b>13</b> <b>Chicken Fajitas</b> <b>WITH:</b> Refried Beans Diced Carrots Diced Peaches	<b>14 PICNIC DAY!</b> <b>Pulled Pork Sandwich</b> <b>WITH:</b> Brown Sugar BBQ Sauce Baked Beans Pickle Wedge Cantaloupe Wedge	<b>15</b> <b>French Toast Sticks</b> <b>WITH:</b> Sausage Patties Roasted Potatoes Maple Syrup Diced Pineapple	<b>16</b> <b>Hot Dog</b> <b>WITH:</b> Carrot Sticks Orange Wedges Butterscotch Pudding
<b>19 NATIONAL GARLIC DAY</b> <b>Butter Garlic Noodles</b> <b>WITH:</b> Breadsticks Green Beans Diced Pears	<b>20 NEW!</b> <b>Cheese Enchiladas</b> <b>WITH:</b> Spanish Rice Sweet White Corn Diced Cantaloupe	<b>21 PICNIC DAY!</b> <b>Chicken Tenders</b> <b>WITH:</b> Buttermilk Biscuit Honey Butter Celery Sticks Honeydew	<b>22</b> <b>Orange Chicken</b> <b>WITH:</b> Jasmine Rice Green Beans Orange Wedges	<b>23</b> <b>Sloppy Joe Sandwich</b> <b>WITH:</b> Carrot Sticks Mixed Fruit Brownies
<b>26</b> <b>Penne with Marinara</b> <b>WITH:</b> Garlic Bread Steamed Broccoli Diced Pineapple	<b>27 NEW!</b> <b>Shredded Chicken Roll Ups</b> <b>WITH:</b> Mexicali Rice Green Beans Diced Watermelon	<b>28 PICNIC DAY!</b> <b>All American Hamburger</b> <b>WITH:</b> Soft Bun Sliced American Cheese Baked Chips Pickle Carrot Sticks Apple Slices	<b>29</b> <b>Mac and Cheese</b> <b>WITH:</b> Green Peas Fried Onions Diced Pears	<b>30</b> <b>Cheese Pizza</b> <b>WITH:</b> Sautéed Zucchini Mixed Fruit Chocolate Cake and Chocolate Frosting

Milk and Water Served with Lunch Daily

V = Vegetarian Entrée Options

We are committed to Healthy, Nutritious & Delicious Meals.  
 Locally sourced ingredients included whenever possible.

No High Fructose Corn Syrup, Trans Fats, or MSG are used in our recipes.

770-421-9550

www.ChefAdvantage.com

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Allergen Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> Chicken Burrito <b>W</b> Spanish Rice <b>None</b> Salsa Roja <b>None</b> Steamed Broccoli <b>None</b> Honeydew <b>None</b>	<b>2</b> 
<b>5</b> Chicken Tenders <b>W</b> Roasted Potatoes <b>None</b> Green Beans <b>None</b> Cantaloupe <b>None</b>	<b>6</b> Pork Sandwich <b>S,W</b> Steamed Rice <b>None</b> Carrot Coins <b>None</b> Pineapple <b>None</b>	<b>7</b> Turkey Sandwich <b>W,M</b> Pasta Salad <b>W,E</b> Baked Chips <b>M,S</b> Watermelon <b>None</b>	<b>8</b> Meatloaf <b>E,W,M</b> Potatoes <b>M</b> Brussel Sprouts <b>None</b> Orange Wedges <b>None</b>	<b>9</b> Cheese Pizza <b>W,M</b> Broccoli <b>None</b> Mixed Fruit <b>None</b> Cookies <b>M,W,E</b>
<b>12</b> Grilled Cheese <b>W,M</b> Sweet Potato <b>None</b> Green Peas <b>None</b> Grapes <b>None</b>	<b>13</b> Fajitas <b>None</b> Flour Tortilla <b>W</b> Refried Beans <b>None</b> Carrots <b>None</b> Diced Peaches <b>None</b>	<b>14</b> Pork Sandwich <b>W</b> BBQ Sauce <b>W,S</b> Baked Beans <b>None</b> Pickle Wedge <b>None</b> Cantaloupe <b>None</b>	<b>15</b> French Toast <b>W,S,E,M</b> Sausage Patties <b>None</b> Potatoes <b>None</b> Syrup <b>None</b> Pineapple <b>None</b>	<b>16</b> Hot Dog <b>W</b> Carrot Sticks <b>None</b> Diced Peaches <b>None</b> Pudding <b>M</b>
<b>19</b> Garlic Noodles <b>W,M</b> Breadsticks <b>W</b> Green Beans <b>None</b> Diced Pears <b>None</b>	<b>20</b> Cheese Enchiladas <b>M</b> Spanish Rice <b>None</b> Corn <b>None</b> Cantaloupe <b>None</b>	<b>21</b> Chicken Tenders <b>W</b> Buttermilk Biscuits <b>S,W,M</b> Honey Butter <b>M</b> Celery Sticks <b>M,S</b> Watermelon <b>None</b>	<b>22</b> Orange Chicken <b>S</b> Jasmine Rice <b>None</b> Green Beans <b>None</b> Orange Wedges <b>None</b>	<b>23</b> Sloppy Joe <b>W,M</b> Carrot Sticks <b>None</b> Mixed Fruit <b>None</b> Brownies <b>W</b>
<b>26</b> Penne Pasta <b>W</b> Marinara <b>None</b> Garlic Bread <b>W,S,M</b> Diced Pineapple <b>None</b>	<b>27</b> Chicken Roll Ups <b>W</b> Mexicali Rice <b>None</b> Green Beans <b>None</b> Watermelon <b>None</b>	<b>28</b> Hamburger <b>None</b> Black Bean Burger <b>S,W</b> Soft Bun <b>W,M</b> Cheese <b>M</b> Baked Chips <b>M,S</b> Lettuce, Tomato, Pickle <b>None</b> Apple Slices <b>None</b>	<b>29</b> Mac and Cheese <b>M,W</b> Green Peas <b>None</b> Fried Onions <b>W</b> Diced Pears <b>None</b>	<b>30</b> Cheese Pizza <b>W,M</b> Sauted Zucchini <b>None</b> Mixed Fruit <b>None</b> Cake <b>M,W, S, E</b>

**ALLERGEN KEY:**

- Soy = S**
- Wheat = W**
- Egg = E**
- Milk = M**
- Fish = F**

This list is comprised of the most common allergens we chart, including **eggs, soy, fish, wheat, and milk.**

Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program