

April 2021

Tate's School Farm

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 NATIONAL BURRITO DAY Shredded Chicken Burrito OR: Bean and Cheese Burrito WITH: Tortilla Chips Salsa Roja Steamed Broccoli Diced Honeydew	2 
5 Chicken Tenders OR: Breaded Cauliflower Bites WITH: Roasted Red Potatoes Green Beans Diced Cantaloupe Honey Mustard	6 NEW! Kalua Pork Sandwich WITH: Macaroni Salad Carrot Coins Pineapple Ring	7 PICNIC DAY! Grilled Turkey and Cheese Sandwich OR: Grilled Cheese Sandwich WITH: Baked Chips Watermelon Wedge	8 Meatloaf OR: Lentil Vegetable Loaf WITH: Yukon Gold Mashed Potatoes Roasted Brussel Sprouts Orange Wedges	9 Pepperoni Pizza Cheese Pizza WITH: Roasted Broccoli Mixed Fruit Chocolate Chip Cookies
12 NATIONAL GRILLED CHEESE DAY Grilled Cheese Sandwich WITH: Sweet Potato Waffle Fries Red Seedless Grapes	13 Chicken Fajitas OR: Vegetable Fajitas WITH: Diced Carrots Sour Cream Diced Peaches	14 PICNIC DAY! Pulled Pork Sandwich WITH: Brown Sugar BBQ Sauce Baked Beans Pickle Wedge Cantaloupe Wedge	15 French Toast Sticks WITH: Sausage Patties OR: Vegetarian Sausage Potato Bites Maple Syrup Diced Pineapple	16 Hot Dog Bar OR: Vegetarian Hot Dog WITH: Turkey Chili Cheese Slaw Celery Sticks Orange Wedges Butterscotch Pudding
19 NATIONAL GARLIC DAY Garlic Parmesan Spaghetti WITH: Breadsticks Green Beans Diced Pears	20 NEW! Cheese Enchiladas WITH: Spanish Rice Sweet White Corn Diced Cantaloupe	21 PICNIC DAY! Crispy Chicken Sandwich OR: 3 Grain Burger WITH: Baked Chips Lettuce, Tomato, Pickle Honeydew Wedge	22 Orange Chicken OR: Orange Cauliflower Bites WITH: Jasmine Rice Green Beans Orange Wedges	23 Sloppy Joe Sandwich Lentil Sloppy Joe WITH: Carrot Sticks Mixed Fruit Brownies
26 NEW! Loco Moco OR: Vegetarian Loco Moco WITH: Jasmine Rice Brown Gravy Macaroni Salad Diced Pineapple	27 Shredded Chicken Tacos OR: Bean and Cheese Burrito WITH: Lettuce, Cheese, Sour Cream Mexicali Rice Green Beans Diced Watermelon	28 PICNIC DAY! All American Hamburger OR: Portobello Mushroom Burger WITH: Soft Bun Sliced American Cheese Baked Chips Lettuce, Tomato, Pickle Apple Slices	29 Bacon Mac and Cheese OR: Mac and Cheese WITH: Green Peas Fried Onions Diced Pears	30 Pepperoni Pizza Cheese Pizza WITH: Sautéed Zucchini Mixed Fruit Chocolate Cake and Chocolate Frosting

Milk and Water Served with Lunch Daily

V = Vegetarian Entrée Options

Fresh Fruit is Available Every Day!

Daily Options:

Roast Turkey Breast,
 Wowbutter & Jelly Sandwiches
 Daily Side Salads

We are committed to Healthy, Nutritious & Delicious Meals.

Locally sourced ingredients included whenever possible.

No High Fructose Corn Syrup, Trans Fats, or MSG are used in our recipes.

770-421-9550
www.ChefAdvantage.com

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken Burrito W Bean Burrito W,M Tortilla Chips None Salsa Roja None Steamed Broccoli None Honeydew None	2 
5 Chicken Tenders W Cauliflower W,E,S,M Roasted Potatoes None Green Beans None Cantaloupe None	6 Pork Sandwich S,W Macaroni Salad E,W Carrot Coins None Pineapple Ring None	7 Turkey and Cheese W,M Cheese Sandwich W,M Baked Chips M,S Watermelon None	8 Meatloaf E,W,M Potatoes M Brussel Sprouts None Orange Wedges None	9 Pepperoni Pizza W,M Cheese Pizza W,M Broccoli None Mixed Fruit None Cookies M,W,E
12 Grilled Cheese W,M Sweet Potato Fries None Grapes None	13 Fajitas None Flour Tortilla W Refried Beans None Carrots None Sour Cream M Diced Peaches None	14 Pork Sandwich W Black Bean Burger S,W BBQ Sauce W,S Baked Chips M,S Pickle Wedge None Cantaloupe None	15 French Toast W,S,E,M Sausage Patties None Vegetarian Sausage W,E,S,M Potatoes None Syrup None Pineapple None	16 Hot Dog W Vegetarian Dog S,W,E Turkey Chili None Cheese M Slaw E Celery Sticks None Diced Peaches None Pudding M
19 Garlic Noodles W,M Breadsticks W Green Beans None Diced Pears None	20 Cheese Enchiladas M Spanish Rice None Corn None Melon None	21 Chicken Sandwich W,M BBQ 3 Grain Burger S,W Lettuce, Tomato, Pickle None Baked Chips M,S Watermelon None	22 Orange Chicken S Cauliflower Bites W,S,M,E Jasmine Rice None Green Beans None Orange Wedges None	23 Sloppy Joe W,M Lentil Joe W,M Carrot Sticks None Mixed Fruit None Brownies W
26 Loco Moco W,M Jasmine Rice W Macaroni Salad W,E Diced Pineapple None	27 Chicken Tacos W Bean Burrito W,M Sour Cream M Cheese M Lettuce None Mexicali Rice None Green Beans None Watermelon None	28 Hamburger None Black Bean Burger S,W Soft Bun W,M Cheese M Baked Chips M,S Lettuce, Tomato, Pickle None Apple Slices None	29 Mac and Cheese M,W Green Peas None Fried Onions W Diced Pears None	30 Pepperoni Pizza W,M Cheese Pizza W,M Sautéed Zucchini None Mixed Fruit None Cake M,W,S,E

ALLERGEN KEY:

- Soy = S**
- Wheat = W**
- Egg = E**
- Milk = M**
- Fish = F**

This list is comprised of the most common allergens we chart, including **eggs, soy, fish, wheat, and milk.**

Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program