

Monday

Tuesday

Wednesday

Thursday

Friday



1
Cheese Pizza Dippers
WITH: Marinara Sauce
Steamed Carrots
Diced Peaches



5
Creamy Chicken Bowtie Pasta
featuring Local Springer Mountain All Natural Chicken
WITH: Green Peas
Diced Peaches

6
Creamy Parmesan Chicken and Rice
WITH: Green Beans
Diced Pears

7
Under-the-Sea Fish Sandwich
WITH: Homemade Tartar Sauce
Steamed Corn
Fresh Apple Wedges*
***Applesauce**

8
Teriyaki Chicken with Asian Style Noodles
WITH: Vegetable Medley
Fresh Orange Wedges

11
Creamy Chicken Alfredo Pasta
featuring Local Springer Mountain All Natural Chicken
WITH: Green Peas
Applesauce

12
Fiesta Chicken Taco
WITH: Cheddar Cheese
Shredded Lettuce
Steamed Corn
Diced Pineapple

13
Twist & Shout Mac 'n Cheese
WITH: Garden Salad with Ranch Dressing*
Fruit Yogurt
***Mixed Vegetables**

14
All American Hamburger
WITH: Soft Bun
Ketchup
Sliced American Cheese
Mashed Potatoes
Mandarin Oranges

15
Mama Mia Marinara Turkey Meatball Sub
WITH: Sliced Cheese
Green Beans
Diced Peaches

18
Luca's Nut-Free Chicken Trenette al Pesto
WITH: Green Peas
Diced Pears

19
Personal Cheese Pizza
WITH: Mixed Vegetables
Diced Pineapple

20
Cheesy Ziti Pasta
WITH: Shredded Cheese
Green Beans
Fresh Apple Wedges*
***Applesauce**

21
Breaded Chicken Sandwich
WITH: Soft Bun
Honey Mustard
Mashed Potatoes
Diced Peaches

22
Topsy Turvy Breakfast for Lunch!!
Whole Grain French Toast Sticks
WITH: Turkey Sausage
Waffle Syrup
Applesauce
Fruit Yogurt Cup

25
Teriyaki Chicken with Asian Style Noodles
WITH: Diced Carrots
Mandarin Oranges

26
BBQ Chicken Quesadilla
featuring Local Springer Mountain All Natural Chicken
WITH: Mixed Vegetables
Diced Pineapple

27
Twist & Shout Mac 'n Cheese
WITH: Green Beans
Fruit Yogurt

28
Whole Grain Popcorn Chicken
WITH: Honey Mustard
Green Peas
Diced Pears

29
Tex Mex Turkey Soft Taco
WITH: Cheddar Cheese
Shredded Lettuce
Steamed Corn
Diced Peaches

We are committed to Healthy, Nutritious & Delicious Meals.
Locally sourced ingredients included whenever possible.
No High Fructose Corn Syrup, Trans Fats,
or MSG are used in our recipes.

770-421-9550

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Monday	Tuesday	Wednesday	Thursday	Friday
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1	Pizza Dippers Soy, Wheat, Milk, Egg Carrots Pineapple	None None None
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5	Bowtie Pasta** Green Peas Peaches	Soy, Wheat, Milk None None
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6	Parmesan Rice Green Beans Pears	Milk None None
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7	Fish Tartar Sauce Corn Apples	Wheat, Fish, Milk Egg, Fish None None
	*Applesauce	None

8	Teriyaki Chicken** Vegetable Medley Oranges	Soy, Wheat None None
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11	Chicken Alfredo** Green Peas Applesauce	Milk, Wheat None None
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12	Soft Taco Cheddar Cheese Lettuce Corn Pineapple	Wheat Milk None None None
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13	Pasta** Garden Salad Ranch Dressing Yogurt *Mixed Veg	Wheat, Milk None Milk, Egg Milk None
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14	Hamburger Bun Cheese Mashed Potato Oranges	Soy Wheat Soy, Milk Soy, Milk None
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15	Meatball Sub Green Beans Peaches	Milk, Wheat, Soy None None
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18	Luca's Pasta** Green Peas Pears	Wheat, Milk, Soy None None
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19	Cheese Pizza Mixed Vegetables Pineapple	Milk, Wheat, Soy None None
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20	Ziti** Mozzarella Cheese Green Beans Apples	Wheat, Milk Milk None None
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21	Chicken Sandwich Bun Cheese Honey Mustard Mashed Potato Peaches	Wheat, Soy Wheat Soy, Milk Egg, Soy Soy, Milk None
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22	French Toast Syrup Turkey Sausage Applesauce Yogurt	Soy, Wheat, Egg, Milk None None None Milk
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25	Teriyaki Chicken** Diced Carrots Oranges	Soy, Wheat None None
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26	Chicken Quesadilla Mixed Vegetables Pineapple	Milk, Wheat None None
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27	Pasta** Green Beans Yogurt	Wheat, Milk None Milk
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28	Popcorn Chicken Honey Mustard Peas Pears	Soy, Wheat Egg, Soy None None
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29	Soft Taco Cheddar Cheese Lettuce Corn Oranges	Wheat Milk None None None
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****All Pasta Products are Processed in a Facility that Uses Egg****

This list is comprised of the most common allergens we chart, including eggs, soy product, wheat, and milk. Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.

The FDA exempts soybean oil from being listed as an allergen on product labels since studies have shown that many individuals with a soy allergy can safely eat soy oil.