



May 2018




Wieuca Day School

Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 <u>AM Snack:</u> Cheesy Omelet <u>PM Snack:</u> Whole Banana and Pretzels	2 <u>AM Snack:</u> Turkey Sausage Biscuit <u>PM Snack:</u> Pirates Booty	3 <u>AM Snack:</u> Cereal* <u>PM Snack:</u> Fresh Apple and Ritz Crackers	4 <u>AM Snack:</u> Whole Wheat Biscuit with Fruit Jelly <u>PM Snack:</u> Wheat Thins and Cream Cheese
	7 <u>AM Snack:</u> Cereal* <u>PM Snack:</u> Goldfish Crackers	8 <u>AM Snack:</u> Mini Bagels with Cream Cheese <u>PM Snack:</u> Whole Orange and Club Crackers	9 <u>AM Snack:</u> Whole Grain French Toast Sticks with Syrup <u>PM Snack:</u> Chex-Mix	10 <u>AM Snack:</u> Cereal* <u>PM Snack:</u> Whole Banana and Saltine Crackers
14 <u>AM Snack:</u> Cereal* <u>PM Snack:</u> Applesauce and Saltine Crackers	15 <u>AM Snack:</u> Yogurt Cup with Homemade Granola <u>PM Snack:</u> Whole Apple and Graham Crackers	16 <u>AM Snack:</u> Blueberry Bagel with Cream Cheese <u>PM Snack:</u> SunChips	17 <u>AM Snack:</u> Cereal* <u>PM Snack:</u> Whole Pear and Pretzels	18 <u>AM Snack:</u> Pear-y Fruity Whole Wheat Muffin Bars <u>PM Snack:</u> Ritz Crackers with Cream Cheese
21 <u>AM Snack:</u> Cereal* <u>PM Snack:</u> Animal Crackers	22 <u>AM Snack:</u> Cheesy Omelet <u>PM Snack:</u> Fresh Strawberries and Wheat Thins	23 <u>AM Snack:</u> Turkey Sausage Biscuit <u>PM Snack:</u> Applesauce and Club Crackers	24 <u>AM Snack:</u> Cereal* <u>PM Snack:</u> Whole Banana and Animal Crackers	25 <u>AM Snack:</u> Whole Wheat Biscuit with Fruit Jelly <u>PM Snack:</u> Snack Surprise
28 	29 <u>AM Snack:</u> Mini Bagels with Cream Cheese <u>PM Snack:</u> Whole Orange and Ritz Crackers	30 <u>AM Snack:</u> Whole Grain French Toast Sticks with Syrup <u>PM Snack:</u> Bugles	31 <u>AM Snack:</u> Cereal* <u>PM Snack:</u> Whole Apple and Graham Crackers	

Whole Milk is Served to Children Under Two Years Of Age.
Low Fat (1%) Milk is Served to Children Two Years of Age and Older
Milk is Served with Morning Snack and Lunch Daily
Juice is Served with Afternoon Snack when Fresh Fruit is not Available
Water is Served Throughout the Day
 * = Meals Served by Wieuca Day School

ChefAdvantage is committed to Healthy, Nutritious and Delicious Meals.
 Locally sourced ingredients included whenever possible.
 No High Fructose Corn Syrup, Trans Fats, or MSG are used in our recipes.
www.ChefAdvantage.com **770-421-9550**

May 2018	Wieuca Day School			Allergen List
Monday	Tuesday	Wednesday	Thursday	Friday
	10 AM Snack: Cheesy Omelet Egg, Milk PM Snack: Fresh Fruit None	11 AM Snack: Turkey Sausage Biscuit Wheat, Milk	12 PM Snack: Fresh Fruit None	13 AM Snack: Biscuit Jelly Milk, Wheat None
	17 AM Snack: Mini Bagels Cream Cheese Soy, Wheat Milk PM Snack: Fresh Fruit None	18 AM Snack: Fruity Bread Wheat, Milk, Egg	19 PM Snack: Fresh Fruit None	20 AM Snack: Fruity Bread Wheat, Milk, Egg
	24 AM Snack: Yogurt Cup Granola Milk Soy PM Snack: Fresh Fruit None	25 AM Snack: Blueberry Bagel Cream Cheese Wheat Milk	26 PM Snack: Fresh Fruit None	27 AM Snack: Muffin Bars Wheat, Egg
	10 AM Snack: Cheesy Omelet Egg, Milk PM Snack: Fresh Fruit None	11 AM Snack: Turkey Sausage Biscuit Wheat, Milk	12 PM Snack: Fresh Fruit None	13 AM Snack: Biscuit Jelly Milk, Wheat None
	17 AM Snack: Mini Bagels Cream Cheese Soy, Wheat Milk PM Snack: Fresh Fruit None	18 AM Snack: Fruity Bread Wheat, Milk, Egg	19 PM Snack: Fresh Fruit None	

This list is comprised of the most common allergens we chart, including eggs, soy product, wheat, and milk. Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.